



## HIGH HOLY DAYS 5785

Rosh Hashanah

October 2–4, 2024

Yom Kippur

October 11–12, 2024



**Congregation Sinai**

8223 N. Port Washington Road, Fox Point, WI 53217

414.352.2970

[www.congregationsinai.org](http://www.congregationsinai.org)

Facebook @congregationsinaimke or on Instagram @congregationsinai

Rabbi David B. Cohen

Cantor Richard Newman

Executive Director, Karen Berk

Director of Engagement, Jen Friedman

Youth Educator, Natalie Black

Office & School Administrator, Beth Stavros

## From Rabbi Cohen

Dear member of the Congregation Sinai community:

We welcome the new year, 5785, with a sense of despair and, yet, also of hope. Continuing military aggression in Eastern Europe and the Middle East (I write while listening for the expected Iranian response to the assassination of Ismail Haniyeh, the political leader of Hamas, in Teheran). An upcoming US election that continues to divide neighbors and political rhetoric that has uncovered a virulent anti-Semitism that, while quiescent in recent decades, never really went away.



Yet, our purpose during these High Holy Days is not to suddenly change the world. Like the elder who reflects, “when I was young I wanted to change the world. When I grew older I wanted to change my family. Now I’d be happy to change something about myself,” we first direct our efforts inward. Reviewing the past year, we conduct a self-evaluation. We know who we can be, at our best; and we also recall how often we missed the mark.

We might think such a review would leave us burdened by our manifest human frailty. Paradoxically, the process of Heshbon HaNefesh (soul accounting) can leave us refreshed and encouraged, committed to getting back on the path we know we should be on.

The process of the High Holy Days continues with “Teshuvah”, commonly translated as repentance but a more literal translation is, “return”, meaning to return to the path of thought, relationships and behavior we know we should be on. We accomplish this by first recognizing and confessing to ourselves the mistakes we’ve made, making amends with those whom we’ve hurt and solemnly vowing never to repeat those mistakes again.

Throughout this process of Teshuvah, we should be guided by Judaism’s moral message, which, in certain contexts, can be expressed in very few words. A member of a family dealing with a tragic death once asked me what the survivors ought to do.

“Be kind to each other,” I replied.

Indeed, our capacity for kindness should be employed especially at this season: being kind enough to sincerely apologize to those whom we’ve wronged; to forgive those who have hurt us; and be kind enough to forgive ourselves for our shortcomings even as we commit to do better in the year ahead.

May the year 5785 be filled with health, contentment, and many, many blessings,

Rabbi David B. Cohen

## President's Message

As we gather to welcome the High Holy Days and New Year of 5785, we find ourselves amidst challenging times. The rise in antisemitism, the ongoing conflicts and tensions in the Middle East, and the uncertain political climate in our own country weigh heavily on our hearts. Yet, in the face of these adversities, we are reminded of the enduring strength and resilience of our Sinai community. What brings me hope is the power of being together as a loving and supportive congregation.



These High Holy Days are a time for introspection, a moment to look within and reflect on our lives. But they also call us to come together, to unite in prayer, to fast as one, and to share in our collective hopes for a brighter future. This new year, let us also begin to dream together. Let us envision a bolder Sinai future that builds upon the incredible foundation we have already established.

Imagine a congregation that is even more welcoming and joyous than ever before. A place where the younger and older generations come together, sharing and engaging in the beautiful rituals of our faith. Envision a synagogue where the voices of children reverberate through these halls, filling them with laughter and life. Picture a community where those in need of company always find a place at our Shabbat table and where the joy and study of the Torah reverberate in our hearts and minds. This new year, let us envision a Sinai for the generations to come.

Let us also commit to supporting the leadership of our young adults, empowering them to add their voices and ideas to our community. Their perspectives and energy are vital for our growth and for the future of our congregation. By encouraging and valuing their contributions, we ensure that our community remains vibrant and dynamic, continually evolving to meet the needs of all its members. Just the other day, I spoke with a young man who recently became Bar Mitzvah, and he told me that he would like to be the future President of Sinai. Baruch Hashem! Let's nurture this interest of his, because I can see him being a wonderful president one day.

This new year, let us expand this vision together. Let us continue to be a beacon of hope and light, not just for ourselves but for the world around us. In unity, let us face the uncertainties with courage, knowing that our strength lies in our togetherness. May this new year be one of renewal, of dreams fulfilled, and of a community bound by love, faith, and hope.

L'Shanah Tovah, may we all be inscribed and sealed for a good year.

Ramona Tenorio, PhD  
President, Congregation Sinai

## Livestream

- The livestream link is available on your High Holy Day Tickets.
- You may be required to enter your name, phone, email each time you log in to view a service.
- Congregation Sinai will livestream the following services:  
Erev Rosh Hashanah, Rosh Hashanah Morning, Kol Nidre,  
Yom Kippur Morning, Yom Kippur Afternoon, Yizkor, and N'ilah

**For security purposes, livestream links will only be published on your tickets.**

## In-Person Protocols

**The Safer at Sinai Task Force continues to monitor COVID trends. We ask you to self-test for COVID if you have ANY symptoms of cold, flu or COVID. You'll be better prepared to protect your health and the well-being of others, especially if you test positive for Covid.**



### **COVID-19 at Sinai Protocols:**

- If you are unvaccinated, please wear a mask at all times while inside Sinai.
- If you are vaccinated and prefer to wear a mask for your peace of mind and protection, we encourage you to do so.
- If you don't feel well, are experiencing respiratory symptoms, or have been exposed to COVID – please stay home! Get some rest, have some chicken soup, and rejoin our community in person when you feel better (and when you test negative for COVID).
- If you decide to worship remotely, please join us for services via live stream (see the E-news for details and link).
- Please stay up to date on your vaccinations. The Fall 2024 COVID booster should now be available, along with the latest versions of flu and RSV shots (if you're eligible).
- It's unlikely that you will become severely ill with COVID if you are vaccinated, but please keep in mind that many members of Sinai are immunocompromised and at higher risk.
- Please visit the CDC website for guidance on symptoms, treatment and quarantine in case of exposure or a positive test.

**Protocols are subject to change. Please look to your Enews for updates.**

## High Holy Day Supply Pick-Up for Livestream

**Please stop by Sinai to pick up the following supplies below on:  
Monday, September 23 thru Thursday, September 26  
10:00 AM – 5:00 PM**

- Pre-reserved Mishkan HaNefesh Loaner Books
- Yom Kippur Service of Forgiveness and Healing
- Yizkor Books (if available)
- Year-At-A-Glance Brochure (if available)
- Yahrzeit Candles (\$1.00 each)
- Soup Containers
- Food Drive Brown Bags

# Important High Holy Day Information

## TICKETS

**Sinai ushers will be checking tickets for every service.**



Two tickets are included with this packet for each member household. Your children age 30 and younger (and their significant others) will not need separate tickets and should be seated with their families.

**Guest Tickets:** Congregation Sinai Guest Ticket Policy encourages families and friends to worship together, as well as encourages congregational affiliation. Please purchase your guest tickets by completing the **High Holy Day Guest Ticket Request Form and returning it to Congregation Sinai no later than Monday, September 23.** There is a **\$75 per person per holiday** guest ticket cost. Payment must be received before tickets will be mailed.

- Guest tickets are available to all out-of-town family and friends without limitation in receiving tickets year after year.
- **Guest tickets are available to local family and friends one-time only.** If your local family and/or friends wish to attend in subsequent years, we ask these guests to consider joining Congregation Sinai.
- If your guests are members of another congregation (URJ or otherwise) there will be no guest ticket charge. Guests must contact their synagogue for a reciprocity letter and arrange to have the form sent to Congregation Sinai as soon as possible.
- Visiting another congregation? If you are traveling during the Holy Days and wish to worship at another URJ-member synagogue, please contact the Sinai office so that we may help you arrange for guest tickets in the community that you will be visiting.

## SECURITY

Professional Security Officers and Volunteer Ushers are here to ease your experience and protect us in case of emergency. Thank you in advance for your cooperation in placing your parking passes in your car and presenting your tickets at the door. This is for YOUR safety.

## ACCOMMODATIONS

Congregation Sinai is an accessible congregation for all of your needs. If you are in need of hearing assistance, transportation, or handicap accessible seating, please contact Karen Berk in our office, (414) 352-2970 or [kberk@congregationsinai.org](mailto:kberk@congregationsinai.org)

## PARKING

Parking: We have limited spots available in our parking lot. There is additional parking available at Maple Dale School and on Port Washington Road.

- **Parking Pass: Your parking pass should be on the dashboard of your car so that you are not ticketed in the parking lots or on the street.**
- Handicapped Parking Spaces are limited. Please arrive no less than 30 minutes prior to services to ensure parking.
- For those who require drop off assistance at the door, please pull up, drop off, and proceed to find parking. Please do not block the crosswalk.

## High Holy Day Prayer Books



With gratitude to Joan Lieberman for her generous donation, Congregation Sinai worships with the Mishkan HaNefesh prayer books for the Days of Awe.

### Onsite books for use:

- Sinai has 400 sets (1 Rosh Hashanah, 1 Yom Kippur) of books that may be used onsite at Congregation Sinai. Books will be available upon arrival.
- Sinai books have nameplates and are numbered.
- **Please be sure to return your books to the Ushers in the foyer or to the book cart following each service. Thank you.**

### Personal books:

- Should you choose to bring your own books to use during services, please label them with your first and last name. Books will be checked by ushers to make sure Sinai copies remain at Sinai. Thank you.

## High Holy Day Loaner Books for livestream

A limited amount of books will be available for loan to use outside of Congregation Sinai for those participating virtually. (There are plenty of books to use while at Congregation Sinai.) Books are available on a first come first serve basis. Please reserve one per household. **To reserve a loaner book visit:**  
[bit.ly/HHDloanerbooks2024](http://bit.ly/HHDloanerbooks2024)

**Reserved loaner books may be picked up at Sinai:**  
Monday, September 23 thru Thursday, September 26  
10:00 AM – 5:00 PM

**All loaner copies will be due back to Sinai by Monday, October 21. Any books not returned will be invoiced.**

## Tech Support

If you require some assistance to connect please contact Congregant, **Mitch Colton**. Cell/text (414) 305-3759 (please leave a voicemail message) or email at [mcc2525+CS@gmail.com](mailto:mcc2525+CS@gmail.com)

## High Holy Day Food Drive

Every High Holy Day season the Milwaukee Jewish Community comes together for a food drive specifically for the Jewish Community Pantry. Sinai is well known for being one of the largest donors not only during the Holy Days, but year round. Ari Hirsh will be leading this endeavor as part of his B'nei Mitzvah project. Please donate to the Jewish Community Pantry and fill a Brown Bag with any of the following: items:



Tuna	Beans (dried or canned)	Spaghetti Sauce	Diapers
Salmon		Ravioli	Formula
Peanut butter	Cereal (no sugar added)	Canned beef stew	Hygiene Supplies (full Size)
Mac n Cheese	Canned soup	Any other non- perishable food items	Cleaning Supplies
Brown Rice	Canned fruit		
Canned veggies	Pasta		

**Please return bags outside Sinai's East doors between  
Thursday, October 3 and the end of Yom Kippur, Saturday, October 12**

**Donations will be picked up by the Jewish Community Pantry  
immediately following Yom Kippur.**

## Soup for Our Caring Community - Chesed

On Rosh Hashanah, Youth Programming creates soup for our Caring Community (Chesed) to give out to those in need during the year. The children wash and chop vegetables and create soup kits intended for congregants to take home with instructions to complete the soup. Congregants return the soup on Yom Kippur and we store it in our freezer for future delivery.



**Attention Adults:**

At the end of Rosh Hashanah services, please accept the mitzvah of preparing the soup our students made and bringing it back to Sinai on Yom Kippur. You can also deliver the soup to the Sinai kitchen during business hours. Please complete and affix the labels provided with the ingredients and allergy information.

Thank you!

Chesed (Our Caring Community): Sends greetings to families for many lifecycle events, such as birth of a child, condolences etc. Provides support during times of crisis. Behind the scenes caring and personal contact to help congregants in need. Delivers soup, arranges meal trains to those in need, and provides funeral home watch. Interested? Contact Karen at [kberk@congregationsinai.org](mailto:kberk@congregationsinai.org)

## High Holy Day Childcare & Youth Programming (3 months - Grade 5) & Volunteer Opportunities for Grades 8 -12 & Adults

The High Holy Days at Sinai provide an opportunity for meaningful participation at all ages. During services your children should be seated with you or in our youth programming at all times.

Rosh Hashanah - Thursday, October 3, 2024 at 9:30 AM  
Yom Kippur - Saturday, October 12, 2023 at 9:30 AM

### Itsy Bitsy Sinai Babysitting Ages 6 months - 3 years

Congregation Sinai is happy to offer free Babysitting for 6 months - 3 years old for the following services:

- Rosh Hashanah AM service - October 3, 9:30 AM —12:00 PM
- Yom Kippur AM service - October 12, 9:30 AM —12:00 PM



Children will be supervised by adults and assisted by school students. Children will participate in age level activities and visit the playground (weather permitting). An allergy conscious snack will be provided. Please provide all the necessary items to make your child comfortable. You will be asked to sign your child in and provide a cell phone number of contact during the service.

### Youth Programming K4 - Grade 5

**All Children will be together.**

Youth Programming Activities will include: themed activities, stories and crafts, and snack.

- **Specific to Rosh Hashanah:** Making Soup for Chesed (Our Caring Community.)
- **Specific to Yom Kippur:** Create items to hang and decorate the Sinai Sukkah from the harvest of our Sinai garden.

Students in grades 6 & 7 are encouraged to attend the morning service with their parents. This is an excellent preparation for the B'nei Mitzvah learning process.



**Please see page 9 for all registration**



## Grades 8 - 12

We encourage students in this age group to either sit with their families for the service or volunteer with Youth Programming. These older students will have the opportunity to lead activities throughout the morning and share their knowledge of the High Holy Days.



Teen volunteers must arrive by 9:15 AM and be prepared to be engaged with the children. Cell phones are for emergency use only. Honor Society Service hours can be awarded.

**Register below to volunteer for Rosh Hashanah, Yom Kippur, or both. Walk-ins will be directed to services.**

## Adult Volunteers

**Adult Volunteers:** We need adult volunteers to work in the classrooms for our High Holy Day Youth Programs. If you are interested, please sign up for Rosh Hashanah, Yom Kippur or both and we will be in touch to discuss responsibilities and options.



**Register below to volunteer for Rosh Hashanah, Yom Kippur, or both.**

## Youth Programming & Volunteer Registration

### Soup's On!

On Rosh Hashanah, Youth Programming creates soup for our Caring Community (Chesed) to give to those in need during the year. The children wash and chop vegetables and create soup kits that are taken home with instructions to make soup and return to Sinai's freezer. When you register for programming you will be asked about contributing a soup item such as, carrots, celery, onion, green beans, zucchini, etc. Please make your selection and bring the items with you on Rosh Hashanah.



**There is no fee for Congregation Sinai's High Holiday Youth Programming. You will need to register for both Rosh Hashanah & Yom Kippur separately.**

**Childcare (6 months - Age 3)  
Youth Programming (Grades K4 - Grade 5)  
Teen Volunteers (Grades 8 - 12)**

**[bit.ly/SinaiHHDyouth2024](https://bit.ly/SinaiHHDyouth2024)**

Questions about our HHD Youth Programming or registration?  
Contact Natalie Black at [nblack@congregationsinai.org](mailto:nblack@congregationsinai.org) or 408-781-3342

## Preparing for the Holy Days

### 5785 Reflection - See where you are

Receive a question a day this year for the 10 days in between Rosh Hashanah and Yom Kippur.

Afterwards, send your answers to the secure online vault. One year later, your answers are unlocked and returned and the process begins anew. **Signup at [www.renewyear.com](http://www.renewyear.com)**

# REBOOT

## Selichot

### Selichot for the coming year 5785

**Saturday, September 28**

**7:30 PM at Congregation Sinai**

**"If modernity has taught us to say, 'I,'  
Judaism still asks us to say, 'we.'"**

**- Ronald Aigen, Community and the Individual Jew**



We Jews are a hopelessly communal people. It is therefore no surprise that many of our High Holy Day prayers are voiced in the first-person plural. Indeed, the prayer called in Hebrew the "Ashamnu", meaning, "we have sinned," that most exemplifies why, when it comes to Teshuvah (repentance), there is strength in numbers.

Join us for our Selichot program and service. In addition to the contemplative prayers that comprise the Selichot liturgy, we will explore the Jewish understanding of repentance (Teshuvah) and the role of, and interaction between, individual and communal confessional prayers, chief among them the "Ashamnu." Why do we give voice to confessions that we, ourselves, may not have committed?

For a "forshpeiz" (Yiddish for a teasing taste of what's to come): My friend and teacher, Dr. Arnie Eisen (Sinai's Scholar-in-Residence in 1998), gives us a sense of how individual and communal confessional prayers combine to emphasize our personal responsibilities, even as we acknowledge the burdens we share, together.

"Each of us becomes a human being when we answer that call, accept our share of responsibility, say the words "I have sinned" and mean them. The "I" is earned by the "we have sinned." Until then, we might say, your "I," like mine, is merely the voice of intentions and desires, struggling within us and competing for attention.

When I take responsibility for my sin, do not avoid it, attain honesty with myself and with my neighbor, my self attains gravity, weight, personhood. And when you say it too, when you say it beside me, our assemblage becomes more than a random collection of individuals. At that moment every one of you becomes my neighbor, joined to me in mutual responsibility, and we together become a community."

Chancellor Arnie Eisen of JTS

B'Shalom uveracha – in peace and with blessings,  
Rabbi David B Cohen

# Rosh Hashanah

# 29 Elul 5784 - 2 Tishrei 5785

## Erev Rosh Hashanah

Wednesday, October 2, 2024

7:30 PM Erev Rosh Hashanah Service  
(in-person and livestream)



## 1<sup>st</sup> Day of Rosh Hashanah

Thursday, October 3, 2024

9:30 AM Rosh Hashanah Morning Service (in-person and livestream)

Youth Programming (in-person. See page 9 for registration)

12:00 PM Adult Tashlich will follow the morning service

2:00 PM Rosh Hashanah Family Service (in-person)

3:00 PM Family Tashlich (in-person)

*We'll walk to Indian Creek Park & cast away our sins*

## 2<sup>nd</sup> Day of Rosh Hashanah

Friday, October 4, 2024

9:30 AM 2<sup>nd</sup> Day Rosh Hashanah Service (in-person)

*Light breakfast to follow.*

## Shabbat Shuvah

Friday, October 4, 2024

6:00 PM Shabbat Shuvah Service (in-person and livestream)

*To livestream please see page 4*

## Erev Rosh Hashanah and Kol Nidre Service Times

Please note this year the Erev Rosh Hashanah service and the Kol Nidre service will begin at 7:30 PM. For Rosh Hashanah, this will allow for families to enjoy either an early festive meal prior to the service or a later after services.



Both services will end slightly earlier to have you home and rested to join us the next day!

We hope you'll take advantage of this new time and join us in-person for the start of these Holy days.

*To livestream please see page 4*

## Join us for Holiday Palooza: A FUN High Holy Day Workshop

Get ready for the High Holy Days with a fun and engaging workshop for the whole family.

Sunday, September 29, 2024

9:30 AM—12:00 PM



At Holiday Palooza, you will:

- Bake a sweet and delicious round challah for Rosh Hashanah
- Decorate a Rice Krispies Treat Torah
- Craft your own High Holy Day candlesticks
- Make a family mitzvah checklist
- Create beautiful holiday cards for friends and family
- Make birdseed cups for Tashlich
- Help build and decorate the sukkah with gourds
- Learn to blow the shofar
- Learn Israeli dancing for Simchat Torah

Come together with your community for a joyful celebration filled with creativity, learning, and fun!

## Family Rosh Hashanah Service

Thursday, October 3, 2024

2:00 pm - in-person

(outside weather permitting)

Congregation Sinai will host an age appropriate service for families with children up to age 13. This Holy Day experience is open to all friends and family to join!



One of the central Mitzvot and rituals of Rosh Hashanah is "hearing" the blowing of the shofar.

## Family Tashlich

Thursday, October 3, 2024

3:00 PM in-person

(beginning at Sinai and walking to Indian Creek)

Tashlich is the act of casting your sins into a body of water like a river, spring, lake, pond, or well. People prefer natural, flowing bodies of water because it

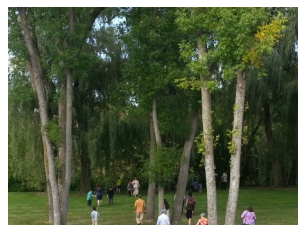


gives the effect of your sins being swept away by the current. We will walk to Indian Creek Park to scatter birdseed in the creek! Our casted-off mistakes become a treat for the birds. **Sweet Treats to Follow!**

## Adult Tashlich

### Tashlich for All!

Thursday, October 3, 2024  
Approximately 12:00 PM  
in-person



Following the morning service there will be cups of birdseed to perform the act of Tashlich in our creek behind the synagogue. We hope you will join Rabbi Cohen and Cantor Newman in our backyard for this cleansing ritual to begin the new year.

## 2nd Day Rosh Hashanah

## 2 Tishrei 5785

### 2nd Day Rosh Hashanah Services

Friday, October 4, 2024  
9:30 AM  
in-person  
Followed by a light breakfast



The second day services for Rosh Hashanah are more relaxed and intimate than the day before, which often makes the contemplative work of the High Holy Days easier. Come join us as we take a closer look at the themes of repentance and renewal that mark this season.

## Shabbat Shuvah

## 3 Tishrei 5785

### Shabbat Shuvah

Friday, October 4, 2024  
6:00 PM  
in-person and livestream

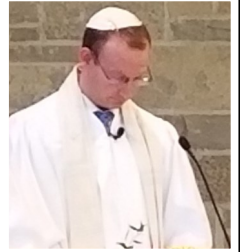


Shabbat Shuvah falls during the Aseret Yamei Teshuvah – the ten days of repentance, which is the period of contemplation between Rosh Hashanah and Yom Kippur. This Shabbat Shuvah, we'll enjoy a service of invigorating Kabbalat Shabbat singing with the addition of special readings, a perfect combination for the High Holy Days season.

*Look to your Enews for livestream link.*

## Cantor's Notes

The year 5784 has not been an easy one for the Jewish people. We face rising antisemitism here in the US and around the world, increasing unrest in the Middle East, and global challenges that affect us all. Yet, as we gather for the High Holy Days, I am filled with gratitude for our community's resilience and dedication. These sacred days offer us a unique and important opportunity to pause, reflect, and reconnect with our faith and each other in a world that feels tumultuous and uncertain.



During challenging times, the familiar rituals and prayers of our High Holy Day services offer a sense of stability. Year after year, these ancient traditions anchor us, providing a timeless connection to our heritage and to each other. The melodies, prayers, and customs that have carried our people through generations continue to resonate deeply, offering solace and strength. They remind us that, no matter the challenges we face, our faith and our community remain constant, a source of unwavering support and spiritual nourishment.

At times like these, I am reminded of a powerful teaching from the Talmud. In Tractate Taanit 11a, we find these words: "When the community is suffering, a person should not say, 'I will go to my house, eat, drink, and be at peace with myself.'" This ancient wisdom reminds us of our responsibility to one another and the power of communal support. As we come together for these High Holy Days, let us embody this teaching by reaching out to those in need, offering comfort, and strengthening one another.

The High Holy Days are not just about individual reflection, but also about our collective journey. Together, we have weathered storms and celebrated joys. Our shared experiences, both painful and joyous, have helped us create a community of mutual support and understanding. As we recite the age-old prayers and partake in timeless rituals, let us embrace the comfort they offer and the unity they foster.

These traditions connect us to our past and guide us into the future with renewed faith and strength. They remind us that we are part of something greater than ourselves, a chain of tradition that stretches back through millennia and forward into a future we will shape together.

May this High Holy Day season be a time of deep reflection, spiritual renewal, and heartfelt reconnection for all of us. May we find peace in the familiar, strength in our shared journey, and inspiration in our ancient teachings. Let us carry the spirit of these days forward, allowing it to infuse our actions with compassion, our words with kindness, and our lives with purpose.

L'shanah tovah tikateivu – may you be inscribed for a good year.

Cantor Richard Newman

Erev Yom Kippur  
Friday, October 11, 2024

7:30 PM Kol Nidrei Service  
in-person & livestream



Yom Kippur  
Saturday, October 12, 2024

9:30 AM Yom Kippur Morning Service  
in-person & livestream

Youth Programming (in-person see page 9 for registration)

12:30 PM Adult Study Session  
in-person

3:00 PM Afternoon Service of Forgiveness & Healing  
in-person & livestream

3:45 PM Meditation and Reflection  
in-person & livestream

4:30 PM Yizkor (Memorial) Service (approximate time)  
in-person & livestream

5:15 PM N'ilah (Concluding) Service (approximate time)  
in-person & livestream

6:15 PM Break-the-Fast  
(following N'ilah - See page 16 for details)

*To livestream please see page 4*



*On Rosh Hashanah, it is written...  
On Yom Kippur, it is sealed.*

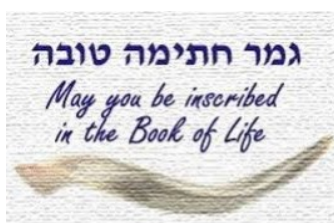
## Adult Study Session

Saturday, October 12, 2024

12:30 PM

in-person

Joe Glassman will lead a study session to discuss Rabbi Cohen's High Holy Day sermons.



## Afternoon Service of Forgiveness and Healing

Saturday, October 12, 2024

3:00 pm

in-person and livestream

To livestream please see page 4



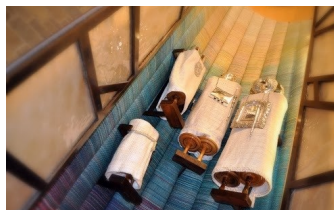
## Meditations and Reflections

Saturday, October 12, 2024

3:45 pm

in-person and livestream

To livestream please see page 4



## Yizkor (Memorial) Service

Saturday, October 12, 2024

4:30 pm (approximately)

in-person and livestream



## N'ilah (Concluding) Service

Saturday, October 12, 2024

5:15 pm (approximately)

in-person and livestream

Join us for the final opportunity to reflect on High Holy Day themes before the gates of repentance close.

To livestream please see page 4





**Yom Kippur**

**10 Tishrei 5785**

## *Break-the-Fast!*

The Women of Sinai invite you to break-the-fast at the conclusion of Yom Kippur services on **Saturday, October 12**. We look forward to breaking the fast with you. **Shanah Tovah!**



### **Kugels & Desserts Needed!**

If you are able to bake a kugel or dessert, please let us know by registering at [bit.ly/BTFbaking2024](https://bit.ly/BTFbaking2024) or by contacting Nancy at [nstillman963@gmail.com](mailto:nstillman963@gmail.com) by September 18.

Unable to bake? Monetary donations are welcome! Please send checks payable to Women of Sinai. Drop off at the synagogue office or mail to Sinai.

Bakers and contributors by September 18 will be recognized in the High Holy Day pamphlet. Thank you!

**Sukkot**

**15 Tishrei 5785**

### **Erev Sukkot Service**

*Led by Sinai Brotherhood & Women of Sinai*  
**Wednesday, October 16, 2024**

**5:30 PM Wine and Cheese**

**6:00 PM Service - in-person** (see page 18 to register)



Join us in our beautiful Sukkah\* for Sukkot! This fall harvest festival, also known as the "Festival of the Booths", commemorates a time in which the Jewish people lived in temporary huts (sukkot) during their wandering and during their time of harvest. Sukkot is a time of feasting and of giving thanks for the harvest. *\*indoors for inclement weather*

### **Sukkot Morning Service**

**Thursday, October 17, 2024**

**9:30 AM**

**via Zoom**

*Please look to your Enews for Zoom link.*



# Fall Holiday Dinner

## Dine at the Fall Holiday Dinner

(formerly known as the Sukkot BBQ!)

Friday, September 20, 2024

6:00 PM Shabbat service with Scholar-in-Residence

Rabbi Andrea Weiss followed by

7:15 PM Fall Harvest Dinner



Join us for an evening to prepare for the High Holy Days. Enjoy friends, delicious food, and beer from Sinai Brewing! Bring a new family - we'd love to welcome them!

**RSVP Deadline:**

**Early Bird By September 17 - \$15 adults, Free for Kids 13 under**

**After RSVP Deadline: \$20 adults - Free for Kids 13 under**

RSVP by credit card at <https://sinaifallholidaydinner.eventbrite.com>

OR

RSVP by check or cash by sending payment and RSVP to Beth at

[bstavros@congregationsinai.org](mailto:bstavros@congregationsinai.org) or call 414-352-2970

Co-sponsored by: Sinai Brotherhood, Israel Committee, Savor Sinai & Sinai Brewing

## Simchat Torah

## 22 Tishrei 5785

### Erev Simchat Torah

*Welcome New Members & Consecration*

Wednesday, October 23, 2024

6:00 PM in-person

Dance with the Torahs while the band plays and unroll the scroll back to the beginning! We will also celebrate our new students with Consecration. ***Taffy apples for all!***



### Eat, Scroll & Roll!

Wednesday, October 23, 2024 at 5:15 PM

All are welcome to join us for a Pasta dinner before the celebration! School Families and New Members please be our guests!



New Members to Sinai & School Families rsvp by October 18 as guests to Beth at [bstavros@congregationsinai.org](mailto:bstavros@congregationsinai.org) or call 414-352-2970

Early Bird Adults RSVP By October 18 - \$12, After RSVP Deadline: \$18

RSVP by credit card at <https://eatscrollandroll.eventbrite.com>

OR

RSVP by check or cash by sending payment and RSVP to Beth at

[bstavros@congregationsinai.org](mailto:bstavros@congregationsinai.org) or call 414-352-2970

**Simchat Torah cont.**

**21 - 22 Tishrei 5785**

**Simchat Torah Morning Service  
with Yizkor**

Thursday, October 24, 2024

9:30 AM - via Zoom

Look to your Enews for Zoom link



**Todah Rabbah – Thank You!**

**Congregation Sinai is a community of unique individuals, the sum total of which comprises our congregational family. Beyond the efforts of our staff, it is our volunteers who distinguish Sinai. At no time is that more evident than at the High Holy Days when scores of volunteers create the warm, welcoming and vibrant community we've come to value.**

Thank you, Rabbi Cohen and Cantor Newman for leading us in worship, being our spiritual guide and sharing your thoughtful insights. We appreciate the talents of Accompanist Karen Horwitz, Conductor Nathan Wesselowski and musicians Steve Colburn, Stefanie Jacob and Scott Tisdell.

We also thank Sound Technician Bob and Rita Radke of R2 Communications.

We thank the members of our choir: We thank the members of our choir: Marc Cohen\*, Tracy Golub, Sarah Hwang, Kaleigh Kozak, Eddie Lichtman, Ydelle Litwack, Julie Lookatch, Marie Mellot, Jennifer Moglowsky, Sherry Payne, Bobbi Rector, Gillian Rodger, Jan Rosenberg, Judith Ross, Kerry Saver\*, Rebecca Segal, Lindsay Tauber, Judy Tolkman, Colton Von Deylen\*, Rebecca Whitney\* and Nathan Hickox-Young\*. (Guest artists indicated by \*)

We are grateful to Haje Black, Bobbi Rector, and Jerry Salinsky for reading Torah, and Lori Jacobson for reading Haftarah.

Thank you to Susan Stuckert for coordinating the bima honors.

While there is no way to fully thank our most engaged congregants, one way we honor them is by inviting them to help us during the High Holy Days by leading the service, reading from our sacred scrolls, and other essential tasks. Their efforts reflect commitments of the heart. We thank you. A full listing of all Bima Honors will be published following the Holy Days.

## **Todah Rabbah – Thank You!**

A special thanks goes to Tedd Lookatch, our Head Usher, for leading our volunteer ushers in this significant role. A full listing of ushers will be published following the Holy Days.

Thank you to Mitch Colton for the High Holy Day technology support to our congregants.

Special thank you to our Ba'al T'kiah, shofar blower, Jim Salinsky.

Thank you Julie Lookatch for her High Holy Days Chronicle Ad design.

Thank you Joe Glassman for leading the Yom Kippur Adult Study Session.

Thank you Women of Sinai for sponsoring the Bima Flowers and the Break-the-Fast. Special thanks to Nancy Stillman for coordinating the Break-the-Fast.

Thank you to Terry Jacobs and the Brotherhood for constructing and deconstructing the Sinai Sukkah.

Thank you Jeri Danz for volunteering her time to assist the office staff.

Thank you to the Brotherhood, Israel Connection, Savor Sinai and Sinai Brewing for providing the Fall Harvest Dinner!

A special thank you to the synagogue staff: Executive Director Karen Berk, Director of Engagement Jen Friedman, Youth Educator Natalie Black, Office & School Administrator Beth Stavros, Bookkeeper Larry Walls, Custodian Lee Johnson and Kitchen Coordinators Rachael Jurek & Felicia Pfeffer, for their efforts to make these Holy Days meaningful for our community.

Thank you to the Safer at Sinai Task Force for continuing to provide guidelines to allow us all to worship together safely:

Jenni Goldbaum, Co-Chair, Dick Seesel, Co-Chair, Scott Arbit, Melissa Chudnow, Ari Friedman, Michael Hool, Marvin Lauwasser, Alan Mendeloff, Josh Parkes, David Cohen, Richard Newman, Karen Berk, and Jen Friedman.

A heart-felt thank you to our Executive Committee:

President Ramona Tenorio, Vice Presidents Adam Brookman, Larry Glusman, and Michael Hool, Treasurer Monica Parkes, Secretary and Allison Hayden.

We also thank our Board of Trustees:

Scott Arbit, Liddie Collins-Siegrist, Mitch Colton, Reva Fox, Gordy Goldbaum, Jenni Goldbaum, Lilly Goren, Eddie Lichtman, Rob Lindner, Brittany Muriello, Jean Pereles-Strouse, Samantha Pollack, Joanne Roberts, Judith Ross, Al Roth, Dick Seesel, Steve Stall, Nancy Stillman, Andy Tarnoff, and Mike Weinschel.